



EVENT GUIDE

March 11, 2018

Kapiolani Park



Uniquely Yours



Perfect moments, always



HYATT
REGENCY

WAIKIKI BEACH
RESORT & SPA



Honolulu Rainbow EKIDEN 2018

PACKET PICK UP

Honolulu Rainbow EKIDEN's packet pick up is on Friday and Saturday of the EKIDEN week. On Saturday, our sister event, Honolulu Festival is happening together at Hawai'i Convention Center. Open to the community, so please enjoy the festive mood!

DATES & TIMES

- Friday March 09, 2018 2 pm ~ 6pm
- Saturday March 10, 2018 10am ~ 6pm

PLACE

Hawai'i Convention Center 1F(Kamehameha Exhibition Hall)
1801 Kalakaua Ave, Honolulu, HI 96815

PARKING INFORMATION

\$10 per vehicle.

There will be no parking validations.

We advise carpooling or **park at Ala Moana Center across the street** (free).

!!IMPORTANT!!

- For team runners: **Not all runners are required to show up** at packet pick up. One representative can pick up for the entire members.
- For Student / Military teams, please bring a copy of the ID (legible smartphone photo will be accepted) for ALL members.
- ALL runners are requested to show ID with photo at the site

PACKET CONTENTS:

<u>Team</u>	<u>Single runners:</u>	<u>Fun Run and Walk :</u>
1. T-shirt	1. T-shirt	1. T-shirt
2. Race Bib & Safety Pins	2. Race day info sheet	2. Race day info sheet
3. Race day nfo sheet	3. Coupons	3. Coupons
4. Coupons	*bib, pins, timing chip and sash will be provided on the day of.	4. Race bib & Safety Pins
5. Sash with chip attached		

★Kids Challenge participants do not need to pick up anything before the race day.



Honolulu Rainbow EKIDEN 2018

RACE DAY SCHEDULE AND INSTRUCTIONS

BEFORE YOU GET TO THE START

FOR ALL ATTENDANTS:

- COMPLETE emergency medical information on back of your running number.
- PIN your running number to the FRONT of your shirt.
- For Relay Runners: Don't forget your sash which you received at packet pick up.
- NO EXTRA TIMING CHIP OR LEIS, LOST TIMING CHIP WILL RESULT IN A REPLACEMENT FEE OF \$30
- There will be NO late registration or packet pick up on race day (except for and "Kids Challenge")
- **NO lockers or bag drop services.** There will be a local food vendor on the premises so we encourage you to bring some cash.

Water Station:

Water and Gatorade will be provided at the turning point and at the finish area. You are welcome to carry your own water bottle.

Parking:

Public and street parking at/around Kapiolani Park. Please be noted that some parking lots/spots will be blocked off due to the race. We encourage carpooling to avoid traffic. Please obey all road closed signs and only park in the designated areas.

Weather: The event will take place rain or shine. In the unlikely event of severe weather, stay tuned to our website/Facebook/Instagram page for updates.

Massage: Royal Kaila Wedding & Spa is offering us a post-race massage! Go visit their tent!

FOR KIDS CHALLENGERS:

- Participants do NOT need to come to packet pick-up in advance. Kid's Challenge runner will receive everything on the race day (3/11/2018).
- Check in will start from 8:30am at "KIDS CHALLENGE" next to information tent. Please look for the signboard.

FOR SINGLE REGISTERED RUNNERS & 5K FUN RUN PARTICIPANTS:

- Single runners will meet the other team members after check-in on race day. (We will match up) Please be at check-in area no later than 7:15am
- The last runner should wear bib with XXX-3 for 3man, XXX-5 for 5 man relay.
- When your bib number is called please wait at the standby area for your turn. Staffs/Volunteers will guide you.
- Fun Run and Walk category will walk the same course as the relay runners. Please be aware of other runners as they will be coming from behind. We ask for walking participants to stay on the right side of the course so that the runners can go pass you.
- There is NO official timing chip for Fun Run & Walk.

FOR 3-man 5-man RELAY RUNNERS:

- Don't forget to bring your sash which you received at packet pick up.
- NO EXTRA TIMING CHIP OR LEIS, LOST TIMING CHIP WILL RESULT IN A REPLACEMENT FEE OF \$30
- Make sure to decide running order in advance. Runner running the last should wear bib with XXX-3 for 3man, XXX-5 for 5 man relay.
- When your bib number is called please wait at the standby area for your turn. Staffs/Volunteers will guide you.
- Cut-off time to complete the entire race is 4 hours. The last runner has to start at 12:30 PM.
- Race course will not be sealed off completely. Please follow directions by the police officers and volunteers.



Honolulu Rainbow EKIDEN 2018

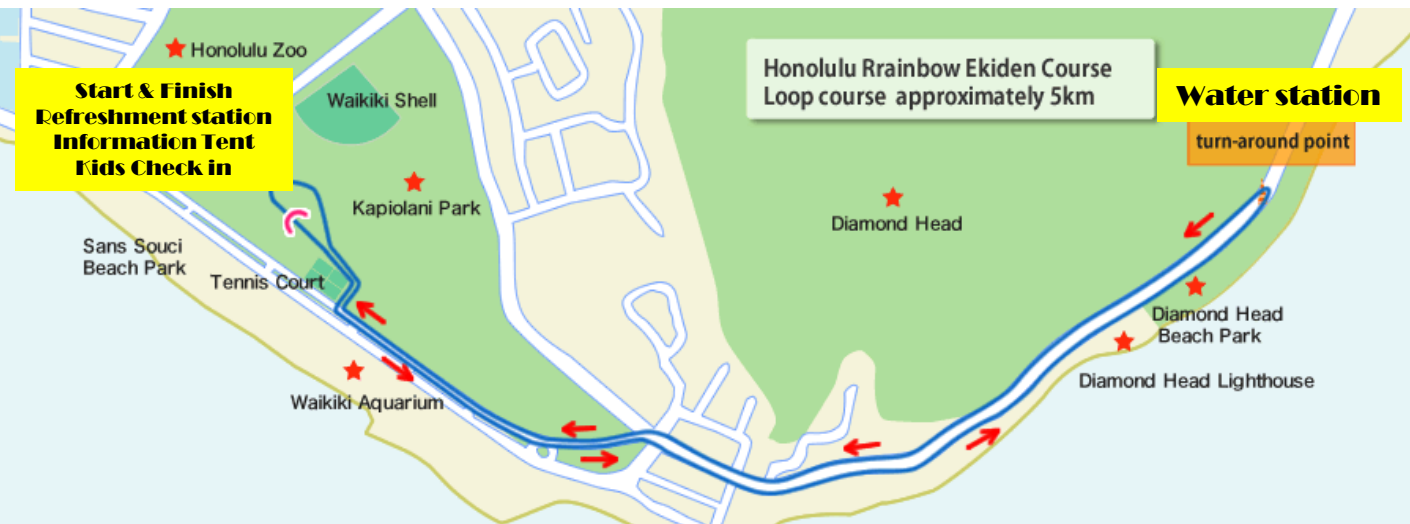
RACE DAY SCHEDULE AND INSTRUCTIONS

SUNDAY, MARCH 11

Event Venue: Kapiolani Park
2805 Monsarrat Ave, Honolulu, HI 96815

- 7:00 a.m. Ceremonies begin
(Warm-up, race briefing, check-in for single registered runners)
- 7:15 a.m. Single registered runners to gather at information tent to create a team.
- 8:00 a.m. Honolulu Rainbow EKIDEN start
(5-runner relay/ 3-runner relay/ Fun Run & Walk)
- 8:30 a.m. Kids Challenge check-in start
(Walk-in and registration on the day is also acceptable)
- 10:30 a.m. Awards Ceremony begins for the top three 5-man relay finishers, top Wahine team and 3-man 1st place featuring prizes.
- 10:45 a.m. Kids Challenge race briefing begins, Participants are requested to gather in front of the stage
- 11:00 a.m. Kids Challenge race start
- 11:30 a.m. Awards Ceremony begins for the rest of the teams.

**Time may change with or without prior notice



After you finished, you'll receive a medal and refreshments.
When last runner in the team finished, volunteers will take timing chip from the sash.
You may take home sash after race is done.



Honolulu Rainbow EKIDEN 2018

POST RACE

What to receive after your run:

1. Finisher Medal
2. Water / Green tea provided by ITOEN!
3. Local favorite popsicle from OnoPops!
4. WikiWiki Noodles from Sun Noodles!



Race results: Winners and awards will be posted at the stage area as soon as result are in.

Team results will be posted on our website as soon as we got data. We also send out an email with the web address for results along with a link on our website.

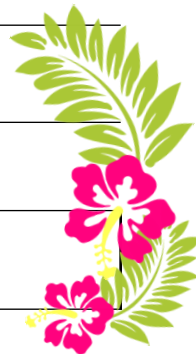
A W A R D S

Overall 1st Place	<ol style="list-style-type: none"> 1. Champion Plaque 2. Buffet at Hyatt for 5 from Hyatt Regency Waikiki Beach Resort & Spa 3. Complimentary 30 minutes massage from Royal Kaila Spa 4. \$100 Dinner gift Certificate for 5 from Michel's at the Colony Surf
Overall 2nd Place	<ol style="list-style-type: none"> 1. 1 night stay at Hilton Hawaiian Village Waikiki Beach Resort 2. Gift Certificate from Tropics Waikiki Bar & Grill
Overall 3rd Place	Gift Certificate for 5 for Sunday brunch at Orchids at Halekulani
Wahine(female) Team 1st Place	JCB Award: T-Galleria by DFS gift certificate
Student Team 1st Place	<ol style="list-style-type: none"> 1. Buffet Dinner for 5 at Kai Market from Sheraton Waikiki 2. Athlete support items from Phiten Hawaii
Senior Team 1st Place	Dinner for 5 at 100 sails Restaurant & Bar from Prince Waikiki
Corporate Team 1st Place	Two nights in Ocean Front Room at Waikiki Beach Marriott Resort & Spa with daily breakfast for 2 at Kuhio Beach Grill
LITE(3-man team) First Place	<ol style="list-style-type: none"> 1. Segway Special tour for 3 2. Athlete support items from Phiten Hawaii

Aloha Spirit Award! (Best Teamwork)	2 nights stay at Specialty room at Hyatt Place Waikiki Beach (including complimentary daily breakfast)
--	--

Ohana Spirit Award! (Best Family bonding)	Breakfast at Lychee for 3 from Alohilani Resort Waikiki Beach
--	---

Exciting team Award! (Most fashionable team)	Special gift bag with plush and assorted treats from Aulani a Disney Resort & Spa
---	---





Honolulu Rainbow EKIDEN 2018

OUR SPONSERS AND SUPPORTERS



Perfect moments, always



Uniquely Yours



HYATT
REGENCY®

WAIKIKI BEACH
RESORT & SPA



ITO EN



SUN NOODLE



HAWAII

